

5Mins.ai

UK Compliance Training Content Library



Level 3 shield icon

Food Safety

80/120



Anti-Money Laundering
By Your Company
10 lessons



Cybersecurity
Master Certificate



Conflict Management



Achieve 100% Compliance in 1/3 of the Time

Stay ahead of regulatory demands with our CPD and RoSPA-accredited compliance training.

At 5Mins.ai, we make compliance effortless, fast, and engaging.



Achieve 100% Compliance in 1/3 of the Time

Thanks to microlearning, your team learns faster and retains more.



Aligned with the Latest Regulations

Always up-to-date with current government and industry standards.



Real-Time Monitoring

Assign courses, track progress, and send automated reminders with ease.



Engaging and Effective

Boost engagement by 6-10x with gamification and interactive content.

5Mins.ai



UK Compliance

Training aligned with the regulators that shape UK workplaces – from financial services to health and safety and care.

These courses map to the standards set by the UK's key regulatory bodies: the FCA for financial services, the HSE for health and safety, and the CQC for care providers. Coverage also spans UK GDPR, the Equality Act 2010, and food safety legislation. Built for employees and managers, they turn each regulator's requirements into clear, practical guidance – helping your organisation build a culture of compliance and deliver good outcomes across every part of the business.

1: Data Protection, Cybersecurity & AI Governance

Advanced Cybersecurity Practices
Cybersecurity Essentials for Employees
Cybersecurity Essentials for IT Managers
Cyber Resilience
Browsing Securely
Malware and Breach Recovery
Preventing Identity Theft
Data Privacy Essentials
UK GDPR & Data Law
General Data Protection Regulation
Payment Card Industry Data Security Standard (PCI DSS)
Records Management
Understanding the EU AI Act

2. FCA Framework, Conduct Rules & Accountability

Appointed Representatives Responsibilities (FCA)
FCA Code of Conduct
FCA Competence Supervision
FCA Conduct Rules for Individual Staff
FCA Safeguarding for Payment and E-Money Firms (UK)
Introduction to Financial Regulation
Meeting the Conduct Rules in FCA Solo Regulated Firms
Principals and their Approved Representatives (FCA)
Senior Management Arrangements, Systems & Controls (SYSC)
Senior Managers and Certification Regime (SM&CR)
for Certified Staff
Senior Managers and Certification Regime (SM&CR)
for Senior Managers
The New Non-Financial Misconduct Rule: What Changed on 1 September 2026
Training and Competence
Understanding Non-financial Misconduct (UK)

3. Financial Crime, AML & Sanctions

Anti-Corruption and Anti-Bribery

Anti-Money Laundering and Terrorist Financing

Anti-Facilitation of Tax Evasion

Anti-Tax Evasion

Conduct and Ethics in Financial Services

Embargoes and Sanctions

Enhanced Due Diligence

Financial Crime Prevention

Financial Sanctions

Fraud Prevention and Awareness

Gifts & Hospitality

Insider Dealing

Introduction to Sanctions

Know Your Customer

Know Your Transaction

Market Abuse

Suspicious Activity Reporting (SAR)

Third Party Due Diligence

Counter-Terrorism

Whistleblowing

4. Customer & Consumer Protection

- Complaints Handling**
- Consumer Credit Regulations (CONC)**
- Consumer Duty**
- Consumer Duty 2026 Update: What's Changing**
- Consumer Rights Act**
- Dealing with Consumer Fraud**
- Financial Promotions**
- Treating Customers Fairly (TCF)**
- Vulnerable Customers**

5. Governance, Operations & Specialist Requirements

- Business Continuity Planning**
- Client Money Training (CASS)**
- COBS – Client Categorisation**
- COBS Dealing and Managing**
- Competition Law**
- Conflict of Interest**
- Conflicts of Interest in Financial Services**
- Corporate Governance**
- Operational Resilience**
- Operational Risk**
- Product Governance**
- Risk Appetite**
- Risk Management**
- Safeguarding Client Money for Payment Institutions: CASS 15**
- Supply Chain Management**

6. Ethics & Responsible Business

Business Ethics
Environmental Awareness
Environmental, Social and Governance (ESG)
Intellectual Property
Modern Slavery

7. Safeguarding

Safeguarding Children Level 1
Safeguarding Children Level 2
Safeguarding Children Level 3
Safeguarding Vulnerable Adults Level 1
Safeguarding Vulnerable Adults Level 2
Safeguarding Vulnerable Adults Level 3

8. Workplace Conduct & Diversity

A Guide to Workplace Professionalism
Conflict Management
Creating Anti-Discrimination Workplaces
Disability Awareness
Electronic Communications
Equality & Diversity in the Workplace
Neurodiversity Awareness
Preventing Harassment & Bullying for Employees
Preventing Harassment & Bullying for Managers and HR
Preventing Sexual Harassment
Sexual Harassment in the Workplace (UK): The October 2026 Legal Changes
The Equality Act 2010
Unconscious Bias in the Workplace
Understanding Gender Identity & Expression
Workplace Violence & Wellbeing

9. General Health & Safety

Abrasive Wheels

Accident Reporting

Alcohol Licensing (England & Wales)

Alcohol Licensing (Scotland)

Asbestos Awareness

Behavioural Safety

Construction Design Management (CDM) Regulations

Control of Substances Hazardous to Health (COSHH)

Critical Incident Management

Display Screen Equipment

Driver Awareness

Drug Awareness

Electrical Safety

Fire Safety

Fire Wardens

First Aid

Hand Arm Vibration

Hand Safety

Health and Safety Essentials

Health and Safety Levels 1–3 (Hospitality)

Health and Safety Levels 1–3 (Manufacturing)

Health and Safety Levels 1–3 (Retail)

Health and Safety: Working from Home

Infection Control

Ladder Safety

Legionella

Lifting Operations and Lifting Equipment Regulations (LOLER)

Lone Working

Manual Handling

Martyn's Law and Venue Security

Mental Health Awareness for Employees

Mental Health Awareness for Managers

Mental Health First Aid

Noise Awareness

PAT Testing

Personal Protective Equipment (PPE)

Pest Control

PUWER

Responsible Sale of Alcohol

Risk Assessment

Slips, Trips & Falls

Spill Kit Training (Chemical & Oils)

Waste Management

Working at Heights

10. Food Safety & Hygiene

Food Allergies

Food Safety Level 1

Food Safety Level 2

Food Safety Level 3

HACCP Level 1

HACCP Level 2

HACCP Level 3

11. Insurance

Assessing Customer Needs (Demands & Needs)

Brokers' Duties & TOBAs

Claims Handling in General Insurance

Complaints Handling (Insurance)

Contract Certainty (UK Insurance)

Delegated Authority / MGA Operations

Compliance

Failure to Prevent Fraud

Fit and Proper Assessments (UK Insurance)

Fraud Prevention & Awareness (Insurance)

General Insurance Pricing Practices / Fair Value

Insurance Act 2015

Insurance Conduct of Business Sourcebook (ICOBS)

Insurance Distribution Directive

Premium Finance & Consumer Credit in Insurance

Principles of Insurance / The UK Insurance Market

Vulnerable Customers (Insurance)

12. Health & Social Care

Core Care Practice

Basic Life Support (UK)
Care After Death (UK)
Care Certificate (England)
Care Planning (UK)
Communication in Care (UK)
Delivering Good Customer Service in the Care Sector (UK)
Dignity, Privacy & Respect in Care (UK)
Duty of Candour (UK)
Duty of Care (UK)
End of Life (UK)
Fluids and Nutrition in Care (UK)
Handling Information in Care (UK)
Infection Control (UK)
Informed Consent (UK)
Moving and Handling People (UK)
Professional Practice in Social Care (UK)

Safeguarding Adults

Adults with Incapacity (UK)
Deprivation of Liberty (UK)
Safeguarding Adults Level 1 (UK)
Safeguarding Adults Level 2 (UK)
Safeguarding Adults Level 3 (UK)
The Prevent Duty (UK)

Health & Safety in Care

Anaphylaxis (UK)
Basic Life Support (UK)
Bed Bug Awareness (UK)
Falls Awareness (UK)
Infection Control (UK)
Medication Practice & Awareness (UK)
Moving and Handling People (UK)
PPE in Care Homes (UK)

Mental Health & Psychological Wellbeing

Alcohol and Substance Misuse (UK)
Mental Health First Aid (UK)
Mental Health In Care (UK)
Psychological First Aid for Children (UK)
Psychologically Informed Environments (UK)
PTSD Awareness (UK)
Suicide Awareness and Prevention (UK)
Trauma (UK)
Understanding Self-harm (UK)

12. Health & Social Care

Children & Young People

Caring for Asylum-Seeking and Refugee Children (UK)
Child Centred Care (UK)
Child Sexual Exploitation (UK)
Child Trafficking (UK)
Female Genital Mutilation Awareness (UK)
Health & Nutrition for Children (UK)
Human Growth and Development (UK)
Missing from Care (UK)
Psychological First Aid for Children (UK)
Safeguarding Children (Global)
Safeguarding Children: Level 1 (UK)
Safeguarding Children: Level 2 (UK)
Safeguarding Children: Level 3 (UK)
Safeguarding Children with Learning Disabilities (UK)
Serious Youth Violence (UK)
Trauma (UK)

Neurodiversity, Learning Disability & Dementia

ADHD Awareness (UK)
Autism Awareness (UK)
Caring for Adults with Learning Disabilities (UK)
Dementia Awareness (UK)
Safeguarding Children with Learning Disabilities (UK)

Law, Rights & Accountability

Adults with Incapacity (UK)
Deprivation of Liberty (UK)
Duty of Candour (UK)
Duty of Care (UK)
Handling Information in Care (UK)
Informed Consent (UK)
The Prevent Duty (UK)

Physical Health & Clinical Care

Anaphylaxis (UK)
Basic Life Support (UK)
Diabetes Advanced Care (UK)
Diabetes Awareness (UK)
Dysphagia Awareness (UK)
Epilepsy Advanced Care (UK)
Epilepsy Awareness (UK)
Falls Awareness (UK)
Medication Practice & Awareness (UK)
Sensory Loss (UK)
Sexual Health (UK)
Stroke Awareness (UK)

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