5Mins.ai

Compliance Training

Content Library





Achieve 100% Compliance in ⅓ of the Time

Stay ahead of regulatory demands with our CPD and RoSPA-accredited compliance training.

At 5Mins.ai, we make compliance effortless, fast, and engaging.

Achieve 100% Compliance in ⅓ of the Time
Thanks to microlearning, your team learns faster and retains more.

Aligned with the Latest Regulations
Always up-to-date with current government and industry standards.

Real-Time Monitoring
Assign courses, track progress, and send automated reminders with ease.

Engaging and Effective
Boost engagement by 6-10x with gamification and interactive content.

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1. Global Compliance

Foundational compliance training built for teams across markets and industries worldwide.

These courses provide practical, up-to-date learning on both national and international standards, covering ethics, financial crime prevention, cybersecurity, and operational resilience. Designed to strengthen awareness and responsible decision-making, these modules blend real-world scenarios with concise, high-impact lessons relevant for global organisations, fintechs, and professional service firms.

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Global Compliance

1. Cybersecurity & Data Protection

Protect your organisation from digital threats and safeguard sensitive information.

Advanced Cybersecurity Practices
Cybersecurity Essentials for Employees
Cybersecurity Essentials for IT Managers
Cyber Resilience
Data Privacy Essentials
General Data Protection Regulation
Health Insurance Portability and Accountability Act (HIPAA) *for Business Associates*
Payment Card Industry Data Security Standard (PCI DSS)
Understanding the EU AI Act

2. Financial Crime, AML & Sanctions

Prevent, detect, and respond to global financial crime risks.

Anti-Corruption and Anti-Bribery
Anti-Money Laundering and Terrorist Financing
Anti-Facilitation of Tax Evasion
Anti-Tax Evasion
Codes of Conduct and Individual Accountability in Financial Services
Conflict of Interest
Conduct and Ethics in Financial Services
Embargoes and Sanctions
Enhanced Due Diligence
Financial Crime Prevention
Financial Sanctions
Fraud Prevention and Awareness
Gifts & Hospitality
Insider Dealing
Introduction to Financial Regulation
Introduction to Sanctions
Know Your Customer
Market Abuse
OFAC Awareness for Non-US Entities
Suspicious Transaction Reporting
Whistleblowing

Global Compliance

3. Ethics & Responsible Business Practices

Build a culture of integrity, transparency, and accountability.

- Business Continuity Planning
- Business Ethics
- Environmental Awareness
- Environmental, Social and Governance (ESG)
- Intellectual Property
- Modern Slavery
- Safeguarding Children
- Safeguarding Vulnerable Adults
- Vulnerable Customers

4. Workplace Conduct & Diversity

Foster inclusive, respectful, and harassment-free workplaces.

- Conflict of Interest
- Creating Anti-Discrimination Workplaces
- Equality & Diversity in the Workplace
- Harassment Prevention for Employees
- Harassment Prevention for Managers
- Preventing Sexual Harassment
- Unconscious Bias in the Workplace

5. Health, Safety & Wellbeing

Ensure safe working environments and promote employee wellbeing.

- Display Screen Equipment
- Driver Awareness
- Fire Safety
- Health and Safety Essentials
- Health & Safety: Working from Home

6. Care Sector

Essential knowledge for delivering safe, person-centred care and protecting the people you support, wherever you operate.

- Safeguarding Children (Global)



2. UK Compliance

Specialised training aligned with the regulators that shape UK workplaces - from financial services to health and safety and care.

These courses map to the standards set by the UK's key regulatory bodies: the FCA for financial services, the HSE for health and safety, and the CQC for care providers. Coverage also spans UK GDPR, the Equality Act 2010, and food safety legislation. Built for employees and managers, they turn each regulator's requirements into clear, practical guidance - helping your organisation build a culture of compliance and deliver good outcomes across every part of the business.

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UK Compliance

1. Data Protection & Cybersecurity

Meet UK data protection requirements and defend against cyber threats.

- Browsing Securely
- Malware and Breach Recovery
- Preventing Identity Theft
- UK GDPR & Data Law

2. FCA Framework, Conduct Rules & Accountability

Understand FCA rules, accountability, and conduct standards.

- Appointed Representatives Responsibilities (FCA)
- Codes of Conduct and Individual Accountability in Financial Services
- Conflicts of Interest in Financial Services
- FCA Code of Conduct
- FCA Competence Supervision
- FCA Conduct Rules for Individual Staff
- Introduction to Financial Regulation
- Meeting the Conduct Rules in FCA Solo Regulated Firms
- Principals and their Approved Representatives (FCA)
- Senior Management Arrangements, Systems & Controls (SYSC)
- Senior Managers and Certification Regime (SM&CR) *for Certified Staff*
- Senior Managers and Certification Regime (SM&CR) *for Senior Managers*
- The New Non-Financial Misconduct Rule: What Changed on 1 September 2026
- Training and Competence
- Understanding Non-financial Misconduct

3. Customer & Consumer Protection

Meet FCA standards for fair customer treatment and complaints.

- Complaints Handling
- Consumer Credit Regulations (CONC)
- Consumer Duty
- Consumer Duty 2026 Update: What's Changing
- Consumer Rights Act
- Dealing with Consumer Fraud
- FCA Safeguarding for Payment and E-Money Firms
- Financial Promotions
- Treating Customers Fairly (TCF)
- Vulnerable Customers

4. Financial Crime & Market Conduct

Safeguard clients through fair dealing and transparent markets.

- Anti-tax Evasion
- Counter-Terrorism
- Enhanced Due Diligence
- Financial Sanctions
- Insider Dealing
- Know Your Customer
- Know Your Transaction
- Market Abuse
- Preventing Financial Crime
- Suspicious Activity Reporting (SAR)
- Third Party Due Diligence

UK Compliance

5. Governance, Operations & Specialist Requirements

Meet UK governance, competition, and operational standards.

Client Money Training (CASS)
COBS - Client Categorisation
COBS - Dealing and Managing
Competition Law
Corporate Governance
Operational Resilience
Operational Risk
Product Governance
Records Management
Risk Appetite
Risk Management
Safeguarding Client Money for Payment Institutions: CASS 15
Supply Chain Management

6. Ethics & Safeguarding

Protect vulnerable individuals and uphold ethical standards. Our Safeguarding Adults courses are aligned with the UK Core Skills Training Framework (CSTF).

Safeguarding Children Levels 1-3
Safeguarding Vulnerable Adults Level 1-3

7. Workplace Conduct & Diversity

Foster inclusive, respectful workplaces aligned with UK law.

Conflict Management
Creating Anti-Discrimination Workplaces
Disability Awareness
Equality & Diversity in the Workplace
Preventing Harassment & Bullying for Employees
Preventing Harassment & Bullying for Managers and HR
Neurodiversity Awareness
Preventing Sexual Harassment
The Equality Act 2010
Unconscious Bias in the Workplace
Understanding Gender Identity & Expression

UK Compliance

8. Health, Safety & Wellbeing

Ensure compliance with UK health and safety legislation.

Abrasive Wheels
Accident Reporting
Alcohol Licensing (England & Wales)
Alcohol Licensing (Scotland)
Asbestos Awareness
Behavioural Safety
Control of Substances Hazardous to Health (COSHH)
Critical Incident Management
Display Screen Equipment
Driver Awareness
Drug Awareness
Electrical Safety
Fire Safety
Fire Wardens
First Aid
Food Allergies
Food Safety Level 1-3
HACCP Level 1
HACCP Level 2
HACCP Level 3
Hand Arm Vibration
Hand Safety
Health and Safety Essentials
Health and Safety Levels 1-3 (Hospitality)
Health and Safety Levels 1-3 (Manufacturing)
Health and Safety Levels 1-3 (Retail)
Health and Safety: Working from Home
Infection Control
Ladder Safety
Legionella
Lifting Operations and Lifting Equipment Regulations (LOLER)
Lone Working
Manual Handling
Martyn's Law and Venue Security
Mental Health Awareness for Employees
Mental Health Awareness for Managers
Mental Health First Aid
Noise Awareness
PAT Testing
Personal Protective Equipment (PPE)
Pest Control
PUWER
Responsible Sale of Alcohol
Risk Assessment
Slips, Trips & Falls
Spill Kit Training (Chemical & Oils)
Waste Management
Working at Heights

UK Compliance

9. Health & Social Care

Essential, CQC-aligned knowledge for delivering safe, person-centred care.

Core Care Practice

Basic Life Support (UK)
Care After Death (UK)
Care Certificate (England)
Care Planning (UK)
Communication in Care (UK)
Delivering Good Customer Service in the Care Sector (UK)
Dignity, Privacy & Respect in Care (UK)
Duty of Candour (UK)
Duty of Care (UK)
End of Life (UK)
Fluids and Nutrition in Care (UK)
Handling Information in Care (UK)
Infection Control (UK)
Informed Consent (UK)
Moving and Handling People (UK)
Professional Practice in Social Care (UK)

Safeguarding Adults

Adults with Incapacity (UK)
Deprivation of Liberty (UK)
Safeguarding Adults Level 1 (UK)
Safeguarding Adults Level 2 (UK)
Safeguarding Adults Level 3 (UK)
The Prevent Duty (UK)

Health & Safety in Care

Anaphylaxis (UK)
Basic Life Support (UK)
Bed Bug Awareness (UK)
Falls Awareness (UK)
Infection Control (UK)
Medication Practice & Awareness (UK)
Moving and Handling People (UK)
PPE in Care Homes (UK)

Mental Health & Psychological Wellbeing

Alcohol and Substance Misuse (UK)
Mental Health First Aid (UK)
Mental Health In Care (UK)
Psychological First Aid for Children (UK)
Psychologically Informed Environments (UK)
PTSD Awareness (UK)
Suicide Awareness and Prevention (UK)
Trauma (UK)
Understanding Self-harm (UK)

UK Compliance

9. Health & Social Care

Essential, CQC-aligned knowledge for delivering safe, person-centred care.

Children & Young People

Caring for Asylum-Seeking and Refugee Children (UK)
Child Centred Care (UK)
Child Sexual Exploitation (UK)
Child Trafficking (UK)
Female Genital Mutilation Awareness (UK)
Health & Nutrition for Children (UK)
Human Growth and Development (UK)
Missing from Care (UK)
Psychological First Aid for Children (UK)
Safeguarding Children (Global)
Safeguarding Children: Level 1 (UK)
Safeguarding Children: Level 2 (UK)
Safeguarding Children: Level 3 (UK)
Safeguarding Children with Learning Disabilities (UK)
Serious Youth Violence (UK)
Trauma (UK)

Neurodiversity, Learning Disability & Dementia

ADHD Awareness (UK)
Autism Awareness (UK)
Caring for Adults with Learning Disabilities (UK)
Dementia Awareness (UK)
Safeguarding Children with Learning Disabilities (UK)

Law, Rights & Accountability

Adults with Incapacity (UK)
Deprivation of Liberty (UK)
Duty of Candour (UK)
Duty of Care (UK)
Handling Information in Care (UK)
Informed Consent (UK)
The Prevent Duty (UK)

Physical Health & Clinical Care

Anaphylaxis (UK)
Basic Life Support (UK)
Diabetes Advanced Care (UK)
Diabetes Awareness (UK)
Dysphagia Awareness (UK)
Epilepsy Advanced Care (UK)
Epilepsy Awareness (UK)
Falls Awareness (UK)
Medication Practice & Awareness (UK)
Sensory Loss (UK)
Sexual Health (UK)
Stroke Awareness (UK)

UK Compliance

10. Insurance

Meet FCA insurance standards, from distribution and fair pricing to claims and complaints.

Assessing Customer Needs (Demands & Needs)
Brokers' Duties & TOBAs
Claims Handling in General Insurance
Complaints Handling
Contract Certainty
Delegated Authority / MGA Operations Compliance
Failure to Prevent Fraud
Fit and Proper Assessments
Fraud Prevention & Awareness
General Insurance Pricing Practices / Fair Value
Insurance Act 2015
Insurance Conduct of Business Sourcebook (ICOBS)
Insurance Distribution Directive
Premium Finance & Consumer Credit in Insurance
Principles of Insurance / The UK Insurance Market
Vulnerable Customers

11. Human Resources

Keep pace with UK employment law and protect your people from harassment, violence and misconduct.

Electronic Communications
Sexual Harassment in the Workplace (UK): The October 2026 Legal Changes
Workplace Violence & Wellbeing

3. EU Compliance

Training aligned with European Union regulatory frameworks.

These courses address key EU directives and regulations affecting financial services, data protection, and operational resilience, helping organisations navigate cross-border compliance requirements within the European market.

EU courses

- 6AMLD: The Sixth Anti-Money Laundering Directive
- Anti-Corruption & Anti-Bribery
- Anti-Money Laundering & Counter-Terrorist Financing
- Anti-Tax Evasion
- Client Fund Protection
- Complaints Handling
- Conduct and Ethics in Financial Services
- Digital Operational Resilience Act (DORA)
- Equality Directives
- Food Allergies
- Food Safety Level 1
- Food Safety Level 2
- Fraud Awareness & Prevention
- General Data Protection Regulation (GDPR)
- Health & Safety Essentials
- Health & Safety Working From Home
- Introduction to Financial Services Regulation
- Manual Handling
- Markets in Crypto-Assets (MiCA)
- Markets in Financial Instruments Directive II (MiFID II)
- Modern Slavery
- PCI DSS EU
- Sanctions
- Understanding EU AI Act
- Whistleblowing

4. US Compliance

Specialised training aligned with United States federal and state regulatory requirements. These courses cover key legislation including anti-corruption, healthcare privacy, workplace safety, accessibility, and harassment prevention, providing clear guidance for organisations operating within the US market.

US courses

- **Americans with Disabilities Act (ADA) for Employees**
- **Americans with Disabilities Act (ADA) for Employers**
- **Code of Conduct & Ethics**
- **Foreign Corrupt Practices Act (FCPA)**
- **Harassment Prevention for Employees (all states)**
- **Harassment Prevention for Managers (all states)**
- **Harassment Prevention Training by US State (California, Connecticut, Delaware, Illinois, Maine, New York, Washington)**
- **Health Insurance Portability and Accountability Act (HIPAA)**
- **OSHA Warehouse Health and Safety**

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5. Singapore Compliance

Training aligned with Singapore's regulatory framework. These courses address requirements set by the Monetary Authority of Singapore (MAS) and the Personal Data Protection Commission, covering data protection, technology risk management, and payment services regulations for organisations operating in the Singapore market.

Singapore courses

- **Anti-Money Laundering & Counter-Terrorist Financing**
- **Anti-Corruption & Anti-Bribery**
- **Fraud Awareness & Prevention**
- **MAS Tech Risk Management**
- **Payment Services Act**
- **Personal Data Protection Act (PDPA)**
- **Whistleblowing**

6. Hong Kong Compliance

Training aligned with Hong Kong's regulatory framework. This course addresses data protection requirements set by the Office of the Privacy Commissioner for Personal Data, helping organisations operating in Hong Kong meet their compliance obligations.

Hong Kong courses

- **Personal Data Protection Ordinance (PDPO)**

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7. Brazil Compliance

Training aligned with Brazil's regulatory framework. These courses address data protection, financial crime prevention, payment systems, and customer service requirements, helping organisations operating in the Brazilian market meet their compliance obligations under local legislation.

Brazil courses

- **Brazilian General Data Protection Law (LGPD)**
- **Customer Service & Consumer Protection**
- **Anti-Money Laundering & Counter-Terrorist Financing**
- **Payment Arrangement and Brazilian Payment System (SPB) Regulation**

8. Canada Compliance

Focused on the ethics and financial crime standards that apply in Canada. These courses cover anti-bribery and corruption, anti-money laundering, money services business awareness, and whistleblowing, equipping organisations in the Canadian market to operate with integrity and meet their obligations.

Canada courses

- **Anti-Corruption & Anti-Bribery**
- **Anti-Money Laundering & Counter-Terrorist Financing**
- **FINTRAC MSB Awareness**
- **Whistleblowing**

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9. UAE Compliance

Training aligned with United Arab Emirates regulatory frameworks. These courses address requirements set by the Dubai Financial Services Authority (DFSA) and other UAE regulators, helping organisations operating in the UAE market meet their compliance obligations.

UAE courses



Consumer Protection

Understanding Money Laundering, Terrorist Proliferation, Sanctions

Whistleblowing

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